1. Vaping may cause similar symptoms to what breathing condition.

Asthma

2. Vaping can negatively affect those around you, including \_\_\_\_\_\_.

Pets

3. If you begin vaping, you are more likely to start using \_\_\_\_\_\_\_\_\_, too.

Cigarettes

4. Nicotine can impact your physical health and your \_\_\_\_\_ health.

Mental

5. Vaping can make it harder to breathe by causing irritation and swelling in the \_\_\_\_\_\_.

Lungs

6. Though people try to use nicotine to relieve stress, it can increase feelings of \_\_\_\_\_\_?

Anxiety

7. Long term side effects of vaping include chronic lung and \_\_\_\_\_\_\_ diseases.

Heart

8. When the e-juice is inhaled, what gets left behind in our lungs?

Tiny Particles

9. What is the very addictive chemical found in cigarettes that is also found in most

vaping products?

Nicotine

10. What is one heavy metal that is an ingredient in vape juice?

Lead

11 One \_\_\_\_\_ can contain more nicotine than a whole pack of cigarettes.

Vape pod

12. The cloud that is exhaled when you vape is not water vapour, it is \_\_\_\_\_\_.

Aerosol

13. The younger you start using vaping products, the easier it is to become

\_\_\_\_\_\_\_\_\_\_\_\_\_.

Addicted

14. Vapes can contain numerous hazardous chemicals, such as VOCs, which are known to

cause \_\_\_\_\_\_\_\_\_.

Cancer

15. What age is your brain still growing and developing until?

25

16. Nicotine use can impair brain functions such as concentration and \_\_\_\_\_\_\_\_\_\_.

Memory

17. Beginning to vape or smoke before the age of 25 makes it more difficult for you to \_\_\_\_\_.

Quit

\*Please note there are 6 different bingo cards for this game.